

INFORMED CONSENT FOR WOMEN'S HEALTH PHYSICAL THERAPY

I understand that I am referred to physical therapy for pelvic floor dysfunction and it is in my best interest for my therapist to perform a muscle assessment of the pelvic floor. Palpation of these muscles is most direct and accessible if done vaginally and/or rectally. Pelvic floor dysfunctions include pelvic pain, urinary incontinence, fecal incontinence, dyspareunia or pain with intercourse, pain from an episiotomy or scarring, vulvodynia, vestibulitis or other similar complications.

I understand that if I am uncomfortable with the assessment or treatment procedures AT ANY TIME, I will inform my therapist and the procedure will be discontinued and alternative treatments will be discussed.

Treatment for pelvic floor dysfunctions include biofeedback, electrical stimulation, use of vaginal weights and several manual techniques including massage – All will be thoroughly explained to me. I may choose not to participate with all or part of the treatment plan.

I voluntarily agree to the standard assessment and treatment plans for my condition.

Patient's signature and date

Therapist signature and date

*****If you are pregnant, have infections of any kind, have vaginal dryness, are <6 weeks postpartum or post surgery, have severe pelvic pain, sensitivity to KY jelly, vaginal creams or latex, PLEASE inform your therapist prior to the pelvic floor assessment.***

NOTICE OF SUPPLY CHARGES

The following supplies may be necessary for the effective of your pelvic floor dysfunction including urinary incontinence, prolapse and/or pelvic pain. Despite the fact that these supplies may be necessary, most insurance companies will not pay for these supplies, but they will pay for the treatment process. You will be required to pay for any supply that your therapist determines that is needed for your treatment. During your initial evaluation, your physical therapy will discuss with you which supplies will be required. You will need to pay for these supplies that day or make arrangements and work out a payment plan with the front desk coordinator. Thank you for your cooperation. Please feel free to discuss these charges with your therapist.

1. Vaginal sensor electrode: this electrode fits into the vagina and allows the therapist to perform biofeedback, assisted exercises and electrical stimulation to the pelvic floor muscles. COST- \$55.00

OR

2. Anal sensor electrode: this electrode fits into the anus and allows the therapist to perform biofeedback, assisted exercises and electrical stimulation to the pelvic floor muscles (used mostly for men). COST- \$55.00